

Week 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Snack	Morning Snack	Morning Snack	Morning Snack	Morning Snack
Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
Lunch	Lunch	Lunch	Lunch	Lunch
Tuna and Pasta with White Sauce	Quiche with Mixed Salad	Vegetable Pie with Potatoes	Cheese and Vegetable Pasta Bake	Thai Green Curry with Rice
Afternoon Snack	Afternoon Snack	Afternoon Snack	Afternoon Snack	Afternoon Snack
Bread Sticks with Dip	Rice pudding	Rice Cake with Salad Topping	Mixed Berry Crumble	Tortilla Chips with Dip
Tea	Tea	Tea	Tea	Tea
Potato Wedges with Cheesy Beans	Vegetable Curry with Chapati	Nachos with Salsa, Cheese and Sour Cream	Frittata with Mixed Salad	Cheese on Toast with Coleslaw

*All meals are made from scratch and home made. Our dips and sauces are also homemade.
Children will be making their own salads once a week!*

Week 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Snack	Morning Snack	Morning Snack	Morning Snack	Morning Snack
Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
Lunch	Lunch	Lunch	Lunch	Lunch
Red Pesto Pasta with Cheese	Sausage and Mash with Vegetables	Spaghetti Bolognese	Lentil Stew with Vegetables and Potatoes	Chilli Con Carne
Afternoon Snack	Afternoon Snack	Afternoon Snack	Afternoon Snack	Afternoon Snack
Freshly Made Carrot Muffins	Vegetable Sticks	Honey Yoghurt (Plain Yoghurt for Children under 2)	Tortilla Chips with Dips	Healthy Biscuit
Tea	Tea	Tea	Tea	Tea
Chicken Wrap with Mixed Salad	Tomato Soup with Crusty Bread	Egg and Cress Sandwiches	Beans and Cheese Pastry Pin Wheels	Jacket Potato with Cheese and Beans

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Week 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Snack	Morning Snack	Morning Snack	Morning Snack	Morning Snack
Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
Lunch	Lunch	Lunch	Lunch	Lunch
Green Pesto Pasta with Cheese	Cottage Pie	Stir Fry Noodles with Vegetables	Paella with Peas and Tomato	Chicken Curry with Cous Cous
Afternoon Snack	Afternoon Snack	Afternoon Snack	Afternoon Snack	Afternoon Snack
Yoghurt with Fresh Fruit	Cheese and Crackers	Peach Sponge Cake	Semolina	Breadsticks with Dip
Tea	Tea	Tea	Tea	Tea
Egg Fried Rice	Spanish Rice with Vegetables	Sweetcorn Soup with Crusty Bread	Vegetable Tacos	Pizza with Vegetable Sticks

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